

# Dance!

LineLineLineLineLineLineLineLineLine

## WEEKLY FOOL

Choreographer: Judy McDonald

Music: Seven Day Fool  
Jully Black  
(Revival CD)

This is a **64 count 4-wall line dance** with two 4 count tags. Start after a 16 count intro.

- 1 2 3 4 5 6 7 8    **R vine, L touch, L step forward, R touch, R step, L kick**  
Step R to side (1), step L behind right (2), step R to side (3), touch L beside right (4), step L forward (5), touch R toe behind left (6), step R in place (7), kick L forward (8)
- 1 2 3 4 5 6 7 8    **L step diagonal back, R cross x 2, jazz box, R touch**  
Step L back on a diagonal (1), step R back across left (2), step L back on a diagonal (3), step R back across left...*this is the first step of the box* (4), step L back (5), step R to side (6), step L forward (7), touch R beside left (8)
- 1 2 3 4 5 6 7 8    **R step diagonal, L step diagonal, R step diagonal, L step back, R step back, L step back**  
Step R slightly forward on a diagonal (1-2), step L slightly forward on a diagonal (3-4), step R slightly forward on a diagonal (5), step L slightly back on a diagonal (6), step R slightly back on a diagonal (7), step L to the side (8)...*this is all very tight...bend your knees and groove on this. When they're singing the days of the week, don't even count...just do the steps when they sing the day.*
- 1 2 3&4 5 6 7&8    **Bump hips R, L, RLR, L, R, LRL (Watusi!)**  
Bump hips R (1), bump hips L (2), bump hips R (3), bump hips L (&), bump hips R (4), bump hips L (5), bump hips R (6), bump hips L (7), bump hips R (&), bump hips L (8)...*while you do this, bend your arms and keep your elbows close to your body and swing your arms in the direction of your hips, making a circle on the "&" counts.*
- 1 2 3 4 5 6 7 8    **R weave, R rock & cross**  
Step R to side (1), step L behind right (2), step R to side (3), step L across in front of left (4), step R to side (5), step L in place (6), step R across in front of left (7), hold (8)
- 1 2 3 4 5 6 7 8    **L rock & cross, ¼ turn L, flick R, walk forward R, hold, walk forward L, hold**  
Step L to side (1), step R in place (2), step L across in front of right (3), make ¼ turn L and flick R foot up behind (4), step R forward (5), hold (6), step forward (7), hold (8)
- 1 2 3 4 5 6 7 8    **R step, L together, R step, L touch, L step, R together, L step, R touch (Skate!)**  
Step R to side (1), step L beside right (2), step R to side (3), touch L beside right (4), step L to side (5), step R beside left (6), step L to side (7), touch R beside left (8)...*swing your arms in the direction you're going...the old '60s skate!...think "shoop shoop!"*
- 1 2 3 4 5 6 7 8    **R step, L touch, L step, R touch, hold...or shimmy....or bump....or shake....up to you!**  
Step R slightly side (1), touch L beside right (2), step L slightly side (3) touch R beside left (4)...*for the next 4 counts either hit the break and hold...or, roll your hips, or bump your hips, or just shimmy or shake!! Do whatever strikes your fancy for 4 counts!*

**Tags**    After the 1<sup>st</sup> and 2<sup>nd</sup> time you do the dance there are an extra 8 counts (*you'll be facing the back wall and then the front wall*). Both times, to "The Jerk" for the 8 counts...put your feet together, alternate raising one arm up and the other down at your side, while "jerking" or contracting your body...another 60s favourite!

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