

Dance Line

Country Line Dance Instruction  with Judy

ROCKIN=

Music: Keep On Rockin=
Confederate Railroad

Choreographer: Judy McDonald

This is a sequence line dance (ABC etc.) choreographed to this particular song. However, it's really easy to follow since the steps don't really change that much. Don't panic--B+ is only B with 12 more counts!!

Part A

R toe strut, L toe strut, R toe strut, L rock, R step 1 2 3 4 5 6 7 8
(step R toe to side, drop R heel, step L toe across in front of right, drop L heel, step R toe to side, drop R heel, step L forward, step R in place)

L toe strut, R toe strut, L toe strut, R rock, L step 1 2 3 4 5 6 7 8
(step L toe to side, drop L heel, step R toe across in front of left, drop R heel, step L toe to side, drop L heel, step R forward, step L in place)

R stroll forward, L brush, L stroll forward, R brush 1 2 3 4 5 6 7 8
(step R forward on diagonal, step L beside right, step R forward on diagonal, brush L forward, step L forward on diagonal, step R beside left, step L forward on diagonal, brush R forward)

R toe strut, L toe strut, R step, L cross over, R step back, L step side 1 2 3 4 5 6 7 8
(step R toe across in front of left, drop R heel, step L toe back, drop L heel, step R to side, step L across in front of right, step R back, step L to side--*these last 4 steps are making a box*)

R step, hold, L step, hold, R step, L step, R step, L step 1, hold 2, 3, hold 4, 5 6 7 8
(step R forward, hold, step L forward, hold, walk forward R, L, R, L)

R touch side, hold, R step, L touch side, hold, L step 1, hold 2, & 3, hold 4, &
(touch R to side, hold, step R together, touch L to side, hold, step L together)

R touch out, in, out, in 5 6 7 8
(touch R to side, touch R beside left, touch R to side, touch R beside left)

R vine with L brush, L rock, R step, 2 turn L step, R step 1 2 3 4 5 6 7 8
(step R to side, step L behind right, step R to side, brush L forward, step L forward, step R in place, make 2 turn to left and step L, step R beside left)

.../2

(Rockin= - cont=d)

Knee pops L, hold, R, hold, L, R, L, R 1, hold 2, 3, hold 4, 5 6 7 8
(bend L knee, hold, bend R knee, hold, bend L knee, bend R knee, bend L knee, bend R knee)

Part B (*done with the chorus*)

R toe strut, L toe strut, R toe strut, L toe strut 1 2 3 4 5 6 7 8
(step R toe to side, drop R heel, step L toe across in front of right, drop L heel, step R toe to side, drop R heel, step L toe across in front of right, drop L heel)

R box step with L brush, L box step with R brush 1 2 3 4 5 6 7 8
(step R across in front of left {*you will be on a slight diagonal from the previous step so just turn yourself to face forward during the box*}, step L back, step R to side, brush L forward, step L across in front of right, step R back, step L to side, brush R forward)

R weave, L weave 1 2 3 4 5 6 7 8
(step R to side, step L behind right, step R to side, step L across in front of right, step R in place, step L to side, step R across in front of left, step L to side)

Hip bumps with steps R, L, R, L 1&2 3&4 5&6 7&8
(touch R forward while bumping hips right, bump hips L{&}, step R in place while bumping hips right, touch L forward while bumping hips left, bumps hips R{&}, step L in place while bumping hips left, repeat R and L)

R rock forward, L step, R step, L rock forward, R step, L step 1 2 3 4 5 6
(step R across in front of left, step L in place, step R beside left, step L across in front of right, step R in place, step L beside right)

Part B+ (*this is only done at the end of the song*)

Add the following the third and fourth time you do Part B

R rock forward, L step 7 8
(step R forward, step L in place)

Bridge

R extended vine 1 2 3 4 5 6 7 8
(step R to side, step L behind right, step R to side, step L across in front of right, step R to side, step L behind right, step R to side, touch L beside right)

L extended vine 1 2 3 4 5 6 7 8
(step L to side, step R behind left, step L to side, step R across in front of left, step L to side, step R behind left, step L to side, touch R beside left)

Sequence (*soooo easy to figure out*)

A, B, Bridge, A, B, A, A, B+, B+