

This is a **four-wall** line dance.

- 1&2 3&4&      **R side shuffle, L rock, R step, L rock, R step**  
Step R to side, step L beside right, step R to side, step L back, step R in place, step L in place, step R in place
- 5, hold 6,&7, hold 8      **L step forward, hold, R step, L step forward, hold**  
Step L forward, hold count 6, step R beside left (&), step L forward, hold count 8
- &1&2&3&4      **“Chase” steps**  
Step R to side, step L beside right, step R across in front of left, step L beside right, step R to side, step L beside right, step R across in front of left, step L beside right
- 5 6 7&8      **R side rock, R push & drag in, R stomp, 1/4 turn, R step**  
Step R to side, push off on R and drag in beside left--*weight never really leaves the left foot*, stomp R beside left, swing R leg out and around while making 1/4 turn to the right (&), step R slightly behind left
- 1&2&3 4      **R hip bumps-3x, body roll up**  
Bmp hips right, left (&), right, left (&), right--*do this while bending knees so that you are going down*, body roll up on count 4
- &5&6&7&8      **R knee pop, L knee pop, R knee pop-2x**  
Tke weight on L (&), bend R knee and lift heel off floor, make 1/4 turn right while dropping R heel (&), bend L knee and lift heel off floor, make 1/4 turn left while dropping L heel (&), bend R knee and lift heel off floor, straighten R knee (&), bend R knee
- 1&2 3&4      **R kick ball change-2x**  
Kck R forward, step R back, step L in place, kick R forward, step R back, step L in place
- 5 6 7 8      **R step forward, pivot ½ turn L step, R bump, body roll up**  
Sep R forward, pivot ½ turn to left and step L in place, bump hips R while bending knees, body roll up on count 8

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